МУЛЬТФИЛЬМЫ О ЗДОРОВОМ ОБРАЗЕ ЖИЗНИ,

которые научат ребенка соблюдать режим дня, чистить зубки, мыть руки,

соблюдать правила гигиены и следить за своим здоровьем.

1. Не болеть! [https://www.youtube.com/watch?v=0k4HILCH4hw](https://www.google.com/url?q=https://vk.com/away.php?utf%3D1%26to%3Dhttps%253A%252F%252Fwww.youtube.com%252Fwatch%253Fv%253D0k4HILCH4hw&sa=D&source=editors&ust=1645641204136474&usg=AOvVaw3EngK--YHyM6F1xJOvyc5X)  
   2. Малышарики. Гигиена [https://www.youtube.com/watch?v=5luYhTFPw24](https://www.google.com/url?q=https://vk.com/away.php?utf%3D1%26to%3Dhttps%253A%252F%252Fwww.youtube.com%252Fwatch%253Fv%253D5luYhTFPw24&sa=D&source=editors&ust=1645641204137002&usg=AOvVaw3zY44WtmBXx-zeOozvpZS1)  
   3. Про бегемота, который боялся прививок [https://www.youtube.com/watch?v=Y\_-36zYEsX4](https://www.google.com/url?q=https://www.youtube.com/watch?v%3DY_-36zYEsX4&sa=D&source=editors&ust=1645641204137326&usg=AOvVaw1PcZ2BqUgOTEsVjvZdXnoN)   
   4. Смешарики. Режим дня. [https://www.youtube.com/watch?v=ofkbNrPN2zs](https://www.google.com/url?q=https://vk.com/away.php?utf%3D1%26to%3Dhttps%253A%252F%252Fwww.youtube.com%252Fwatch%253Fv%253DofkbNrPN2zs&sa=D&source=editors&ust=1645641204137642&usg=AOvVaw0soCMYEXHeX-XmKHE2C31r)  
   5. Королева Зубная щетка [https://www.youtube.com/watch?v=nT-Z5lmhBo4](https://www.google.com/url?q=https://vk.com/away.php?utf%3D1%26to%3Dhttps%253A%252F%252Fwww.youtube.com%252Fwatch%253Fv%253DnT-Z5lmhBo4&sa=D&source=editors&ust=1645641204137942&usg=AOvVaw2I7e_x-1IZ19I9xMpqM9A3)  
   6. Митя и микробус [https://www.youtube.com/watch?v=LcIvioFpMsA](https://www.google.com/url?q=https://vk.com/away.php?utf%3D1%26to%3Dhttps%253A%252F%252Fwww.youtube.com%252Fwatch%253Fv%253DLcIvioFpMsA&sa=D&source=editors&ust=1645641204138324&usg=AOvVaw2GfBvZqgXO7z3S-KXLWUCG)  
   7. Неумойка [https://www.youtube.com/watch?v=8calUSc5g98](https://www.google.com/url?q=https://vk.com/away.php?utf%3D1%26to%3Dhttps%253A%252F%252Fwww.youtube.com%252Fwatch%253Fv%253D8calUSc5g98&sa=D&source=editors&ust=1645641204138639&usg=AOvVaw1DuPFX2B7BHp6aFM4AJTJu)  
   8. Федорино горе [https://www.youtube.com/watch?v=GHppFnmDMtk](https://www.google.com/url?q=https://www.youtube.com/watch?v%3DGHppFnmDMtk&sa=D&source=editors&ust=1645641204138918&usg=AOvVaw3oHTWtQjPsvobLtQfX1Cly)   
   9. Смешарики. Азбука здоровья [https://www.youtube.com/watch?v=pMfeKQgfwTo](https://www.google.com/url?q=https://vk.com/away.php?utf%3D1%26to%3Dhttps%253A%252F%252Fwww.youtube.com%252Fwatch%253Fv%253DpMfeKQgfwTo&sa=D&source=editors&ust=1645641204139296&usg=AOvVaw2ey3mMVm1-WzM3E4wvqHiJ)  
   10. Сборник мультиков про здоровье [https://www.youtube.com/watch?v=1J8zKhjLIk4](https://www.google.com/url?q=https://vk.com/away.php?utf%3D1%26to%3Dhttps%253A%252F%252Fwww.youtube.com%252Fwatch%253Fv%253D1J8zKhjLIk4&sa=D&source=editors&ust=1645641204139641&usg=AOvVaw0Id-hlMxW7vPNNiJDRYoRF)  
   11. Фиксики-Витамины [https://www.youtube.com/watch?v=6LHgo4ziw4c](https://www.google.com/url?q=https://www.youtube.com/watch?v%3D6LHgo4ziw4c&sa=D&source=editors&ust=1645641204140022&usg=AOvVaw2VE1Y624QrcNNCmaGkRaHG)

  12. Фиксики-Микробы [https://www.youtube.com/watch?v=-EpH6MzMHsc](https://www.google.com/url?q=https://www.youtube.com/watch?v%3D-EpH6MzMHsc&sa=D&source=editors&ust=1645641204140403&usg=AOvVaw2PuInZPvE4U6HLObZWQLPo)   
13. Барбоскины. В здоровом теле-здоровый дух

<https://www.youtube.com/watch?v=ngR8ncMYzKM>  
14. О здоровом питании [https://www.youtube.com/watch?v=D87EzprlFwE](https://www.google.com/url?q=https://vk.com/away.php?utf%3D1%26to%3Dhttps%253A%252F%252Fwww.youtube.com%252Fwatch%253Fv%253DD87EzprlFwE&sa=D&source=editors&ust=1645641204141287&usg=AOvVaw1wKq_v9RVt3qsCUGPp69Sv)  
15. Уроки осторожности Тетушки Совы

<https://www.youtube.com/watch?v=TRHzzjqvF4M>